



# temple hills medical centre

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PAECAA Pty Ltd ABN 69 234 235 648

## Personal Details:

Surname:

First Name:

Age:

## Itinerary:

Departure Date:

Return Date:

City, Province, Country	Duration Days	Environment			Living Conditions			
		Rural	Urban	Altitude*	Backpack	3 star	4-5 star	Transit
1								
2								
3								
4								
5								
Please attach separate sheet if needed					* >2000m above sea level			

## Travel and Health Profile

Have you been a patient in hospital in the last 6 weeks? Yes No

Do you currently have a respiratory illness? Yes No

Have you ever had a reaction to any vaccine? Yes No

Do you feel faint after an injection or giving blood? Yes No

Have you been vaccinated with a live vaccine in the last three months  
(Tuberculosis, MMR, Chickenpox, Rotavirus, Yellow Fever) **or**  
had an injection of immunoglobulin or a whole blood transfusion? Yes No

Are you pregnant or breastfeeding now? Yes No

Do you plan to become pregnant while traveling / 3 months after return? Yes No

Have you taken any steroids or immune suppressants in the last six months? Yes No

### Important Medical Problems (past/present): please Circle all that apply:

Splenectomy      Thymectomy      Bone marrow/Organ Transplant      Cancer

Radiotherapy      Chemotherapy      Guillain Barre Syndrome      Immune Disorders

Hereditary Fructose Intolerance      Myasthenia Gravis      Mental Health Problems

Egg allergy      Other allergies

### List all Previous Vaccines

Vaccine	Year(s)	Name of Vaccine
Chickenpox		
Cholera		
Hepatitis A		
Hepatitis B		
Influenza		
Japanese Encephalitis		
MMR (Measles, Mumps, Rubella)		
Meningitis		
Pneumonia		
Polio		
Rabies		
Tetanus / DTPa (Diphtheria, Tetanus, Pertussis)		
Tuberculosis		
Typhoid		
Yellow Fever		

**Before my appointment**

Do I have any particular health concerns regarding this trip?

Will I be carrying medicines on my trip and need a Travel Medication Letter from the doctor?

Am I familiar with general travel advice for my trip, including?

- Accident Prevention
- Country-specific travel alerts
- Deep Vein Thrombosis
- First Aid
- Food and Water Precautions
- Insect Bite Avoidance

For more information, we suggest:

[www.smarttraveller.gov.au](http://www.smarttraveller.gov.au)  
[www.betterhealth.vic.gov.au](http://www.betterhealth.vic.gov.au) >> Travel Health Tips  
[www.fitfortravel.nhs.uk/advice.aspx](http://www.fitfortravel.nhs.uk/advice.aspx)